Year 2 Summer 1

Puzzle: Changing Me



Puzzle Pieces

- 1. Life Cycles in Nature
- 2. Growing from Young to Old
- 3. The Changing Me
- 4. Boys' and Girls' Bodies
- 5. Assertiveness
- 6. Looking Ahead

Home Discussions

You could have a look at photos of people at home at different ages. Can you tell who they are?

How have they changed and how are they the same?

What can you do now, that you couldn't do when you were younger?

What changes are you looking forward to, or nervous about, in the next school year?

Vocabulary

Change
Grow
Life cycle
Child
Teenager
Adult
Male
Female
Vulva
Penis
Testicles
Anus
Public
Private

RHE & Science

In Piece 4 children learn the correct names for 'private' body parts. It is important for safeguarding that children can correctly identify parts of their own body and understand that some body parts are private. Children may feel embarrassed and giggle when talking about these body parts and this is fine as it helps children to understand that these are private body parts that we do not usually talk about. The vulva can be described as the outside part of a females 'private parts and the anus as where the body gets rid of poo.

In Piece 5 the children will be asked to think about touch that they like, such as hugs from family. They will discuss what to do if they experience touch that they do not like, recognising that we all have different boundaries and the right to say no when we are uncomfortable, for example, some people do not enjoy being tickled.