## Year 6 Summer 2

Puzzle: Changing Me



Children may want to talk about what they have discussed in school, at home and may prefer asking their questions here. It is important for children to know that although puberty affects private parts of their bodies, the changes are normal and every adult has been through these changes just like them.

What are you excited about in the move to secondary school?

What are you nervous or worried about in the move

to secondary school?

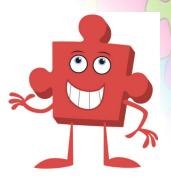
## Puzzle Pieces

- 1. My Self Image
- 2. Puberty
- 3. Babies: Conception to Birth
- 4. Boyfriends and Girlfriends
- 5. Real and Ideal Self
- The Year Ahead

## RHE & Science

In Piece (lesson) 2, children will recap their learning about puberty in single gender groups. Some of the learning in this piece relates to how changes in their bodies can enable them to have children in the future. In Piece 3 pupils will learn about conception. This will be an extension of their learning about puberty. Children will have already been taught about all of the body parts that will be discussed and now they will be taught the role of these body parts in making a baby. Parents can request that pupils are withdrawn from pieces 2 and 3 by submitting their request, in writing, to the Headteacher. This must be followed by a meeting with a member of the Senior Leadership Team.

In Piece 4, children will learn that they should not feel pressure to have a boyfriend or girlfriend and that they should not feel pressured to behave in certain ways if and when they are in these relationships. Within this they will be introduced to the idea of 'sexting' and told the possible consequences of this, including the possible legal repercussions.



## **Vocabulary**

Self-image Self-esteem Puberty Responsibility **Pubic Hair** Menstruation Semen **Erection** Tampon **Hormones Ovulation Testicles** Sperm Penis Vagina Vulva Womb